



Product specification: Energy Bites

Category: Snacks

INGREDIENTS

(* product of biological origin)

coconut oil BIO [coconut oil], volkoren havermeel [wholegrain oatmeal], whole WHEAT SPELT flour [whole WHEAT SPELT flour, flour treatment agent: E300], water , oatmeal , raisin , carrot , apricot [apricot, preservative: E200 SULPHITE], date , courgette , kikkererwtenmeel* , zonnebloempitten [sunflower seeds], flaxseed [linseed], vanilla extract [fructose syrup , vanilla extract, flavouring: E1520, vanilla seed, caramel], sea salt [sea salt, sodium iodide], inulin [inulin, chicory, fructo oligosaccharide, polyfructose, fibre], lemon juice , cinnamon , baking powder [raising agent: E450, E500, maize starch], ginger , raising agent: E500

Allergens - information

(+ contains / ? can contain traces due to possible cross contamination)

almonds	?	barley	?
cashew nuts	?	egg	?
gluten	+	hazelnuts	?
Khorasan wheat	?	lactose	?
macadamia nuts	?	milk	?
nuts	?	oats	+
peanut	?	pecan nuts	?
pistachio	?	rye	?
sesame	?	soy	?
spelt	+	sulphite	+
walnuts	?	wheat	?

NUTRITIONAL VALUE - per 100 grams

Energy (kJ)	1660
Energy (kcal)	397
Fat (gram)	22,2
Of which saturates (gram)	16,0
Carbohydrates (gram)	39,6
Of which sugars (gram)	15,7
Fibres (gram)	4,9
Protein (gram)	8,0
Salt (gram)	1,3